

STATE OF NEVADA MILITARY DEPARTMENT
OFFICE OF THE ADJUTANT GENERAL
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NVMD LOG #05-06

Expires 1 January 2007

NVMD-PA-Z (40)

1 January 2005

MEMORANDUM FOR (NVARNG), All Units and Activities, Nevada Army National
Guard

SUBJECT: Guidelines for Issuing Permanent and Temporary Profiles

1. References: A. AR 40-501, Chapter 7
B. NGR 40-501
2. Purpose: To define, clarify, and establish procedures for permanent and temporary profiles. The profiling system is primarily based upon the function of body part (i.e. legs, arms, head, feet, etc.) and their relation to military duties. There are two types of profiles: Temporary or permanent. Use DA Form 3349 (Enclosure 1) for all profiles. **Profiles should not be overly restrictive.**

a. Temporary Profiles:

(1) M-Day soldiers may be issued a temporary profile for 30, 60, or 90 days and can be extended for up to 12 months by the State Surgeon. In no case will a soldier carry a temporary profile, for more than a total of 12 months without appropriate action (i.e. MOS Medical Retention Board [MMRB] for civilian related injuries, or an active duty Medical Evaluation Board [MEB] for a military line of duty injury). A soldier must provide medical documentation from a physician with an explanation of the medical diagnosis, treatment, and prognosis (time limitation of injury), and restrictions, i.e. no running, jumping, walking, situps, pushups, etc. Temporary profiles require only one signature of a profiling officer (see paragraph 3 below for those authorized). The State Surgeon will determine what type of temporary profile is appropriate. Use Enclosure 2 to submit a temporary profile request.

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(2) Once the profiling officer has approved the temporary profile, the Health Systems Specialist (HSS) will send two copies of the temporary profile signed by the Deputy Chief of Staff for Personnel advising the unit that a temporary profile has been issued and the date it will expire. The second copy is to be forwarded to the soldier. The unit must keep the HSS informed of the soldier's medical status in case the temporary profile needs to be extended and will provide all medical documents to support the profile. A copy of the temporary profile is placed in the individual's medical file. The HSS will also keep a copy for his/her files.

b. Permanent Profiles.

(1) M-Day soldiers may be issued a permanent profile if a condition is considered continual or will last more than 12 months, and will have a permanent effect on the "PULHES" (see para 4 below for the definition of "PULHES"). For consideration of a permanent profile, medical documentation from a medical physician stating the diagnosis, treatment and prognosis is required. The medical documentation will be reviewed by either the Nevada MMRB (for civilian related injuries), or the MEB (for military line of duty related injuries). Use Enclosure 3 to submit a permanent profile request. There must be two approving signatures for a permanent profile, one of which is a physician approving authority (Blocks 12 – 14 and 16 – 18 [State Surgeon] of DA Form 3349)

(2) AGR personnel must go to an active duty military medical facility for a permanent profile. They will coordinate with the HRO-AGR Manager to set up appointments with an Army active duty military medical facility.

(3) The procedures for processing a permanent profile is the same as discussed in paragraph 2, a(2) above.

3. The following individuals are authorized to issue profiles with limitations as stated in AR 40-501, Chapter 7-6:

- a. State Surgeon
- b. Physicians
- c. Physician Assistants
- d. MEPS Physicians

4. There are six factors in determining the "P-U-L-H-E-S" for a profile (see Table 7-1 of AR 40-501). The factors are:

a. P = Physical capacity or stamina, i.e. heart; respiratory system; gastrointestinal system; genitourinary system; nervous system; allergic, endocrine, metabolic and nutritional diseases; diseases of the blood and blood forming tissues; dental conditions; diseases of the breast; and other organic defects and diseases which do not fall under other specific factors.

b. U = Upper extremities, i.e. hands, arms, shoulder girdle, and upper spine (cervical, thoracic and upper lumbar) in regard to strength, range of motion, and general efficiency.

c. L = Lower extremities, i.e. feet, legs, pelvic girdle, lower back musculature and lower spine (lower lumbar and sacral) in regard to strength, range of motion and general efficiency.

d. H = Hearing and ears, i.e. auditory acuity and disease and defects of the ear.

e. E = Eyes, i.e. visual acuity and diseases and defects of the eye.

f. S = Psychiatric, i.e. personality, emotional stability, and psychiatric diseases.

5. Four numerical designations are used to reflect different levels of functional capacity (see Table 7-1 of AR 40-501). They are:

a. "1" – Soldier possesses a high level of medical fitness (No limitations).

b. "2" – Soldier possesses some medical condition or physical defect which may require some activity limitations (Minimal).

c. "3" – Signifies the soldier has one or more medical conditions or physical defects which may require significant limitations.

d. "4" – Soldier has one or more medical conditions or physical defects of such severity that performance of military duty is drastically limited.

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6. If a soldier is sick or injured prior to drill, a commander may excuse a soldier from drill. If a soldier provides a statement from a physician stating physical limitations that will last 30 days or less, (DD Form 689, see Enclosure 4), a formal request for a temporary profile is not required. The physician's statement/sick slip is sufficient documentation for an excuse from physical activities (i.e. limitations or no APFT). The unit must send the physician's statement/sick slip with an excuse for drill memorandum (see Enclosure 5), and DA Form 4856 (see Enclosure 7) to the Office of the Deputy Chief of Staff for Personnel ATTN: NVMD-PAB-H. However, if the medical condition persists for more than 30 days, a request for a temporary profile (see paragraph 2, a) is required for the profiling officer to issue a temporary profile. The HSS will prepare the DA Form 3349 and furnish a copy to the unit as discussed in paragraph 2 above.

7. If a soldier is pregnant, a physician's statement confirming pregnancy and expected delivery date is required. It is the responsibility of the soldier to inform her commander as soon as possible. The unit will submit the physician's statement confirming pregnancy with a request for a temporary profile to the HSS. Chapter 7-9 of AR 40-501 discusses responsibilities and limitations of pregnant soldiers. Use Enclosure 6 to request pregnancy profiles.

8. Postpartum profiles are issued for 45 days from the day of birth or termination of pregnancy as discussed in AR 40-501, Chapter 7-10.

9. An excuse from the record APFT requires a counseling statement signed by the soldier and the commander. The commander can only authorize excuses for 30 days or less. If the illness/injury goes beyond 30 days, see 2, a(1). Use Enclosure 7 for excuses from the record APFT.

10. Direct any questions concerning these guidelines to Mrs. Laura Ingenluyff, Health Systems Specialist at 775-887-7363 or DSN 530-7363.

FOR THE ADJUTANT GENERAL:



MICHAEL J. CARLSON
LTC, MP, NVARNG
Deputy Chief of Staff
for Personnel

Encl
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1. Profile (DA Form 3349)
2. Temporary Profile Request

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3. Permanent Profile Request
4. Individual Sick Slip
(DD Form 689)
5. Excuse from Drill Memorandum
6. Pregnancy Profile Request
7. Excuse from record APFT